Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Monday 02 Oct 2023 until 23:59 on Tuesday 03 Oct 2023

Forecast Issued on Monday 02 Oct 2023 at 03:07 by Met Office Aberdeen

Confidence: High confidence at first, becoming medium on Wednesday in relation to the band of rain crossing the country and low by Friday.

Headline for Monday 02 Oct 2023: Sunny spells and blustery showers on Monday.

Mountain weather hazards on Monday 02 Oct 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Low Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy rain showers	Heavy rain showers	Sunny intervals	Heavy Rain	Heavy Rain
Precipitation probability					
40%	30%	40%	30%	40%	40%

Forecast for Monday 02 Oct 2023

Weather: Mainly dry at first with clear periods, showers feeding in from the west from the early hours, heavy at times. A mix of sunny spells and showers throughout the rest of the day, some of these heavy. Best of the drier conditions in the south.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Generally good visibility but temporarily reducing to moderate in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 02 Oct 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	36/44 SW	34/43 SW	36/46 SW	37/47 SW	35/45 SW	33/42 SW	33/43 SW
900	25/34 SW	26/35 SW	28/37 SW	25/34 SW	24/34 SW	24/33 SW	25/35 SW
600	35/42 SW	32/41 SW	33/42 SW	31/40 SW	31/39 SW	28/37 SW	30/39 SW
300	17/26 SW	16/26 SW	18/28 SW	17/27 SW	15/25 SW	13/23 S	16/26 SW
Glen	11/23 SW	12/24 SW	13/26 SW	13/26 SW	9/23 SW	9/21 SW	12/26 SW

Height (m)	Temperature / Feels Like (°C)						
1300	3/-4	3/-4	4/-4	3/-4	3/-4	3/-4	3/-4
900	6/-0	6/0	7/1	6/1	6/0	6/0	5/-0
600	8/3	8/3	9/4	9/4	8/4	8/3	8/3
300	10/7	10/7	11/8	11/8	10/8	10/8	10/7
Glen	11/9	12/10	13/11	13/11	12/10	12/10	11/9
Freezing Level*	1600m	1500m	1600m	1700m	1600m	1600m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of strong winds and notable wind chill at height.

Forecast for Tuesday 03 Oct 2023
Weather: Another day of sunny spells and scattered showers, showers perhaps less heavy than Monday.

Maximum wind: Southwesterly becoming westerly 20-25mph gust 30-35mph

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Few or scattered cloud base 700-800m in association with showers. Visibility temporarily reducing to moderate in showers.

Temperature: **Glens:** Plus 10 rising to plus 14 Celsius
At 800m: Plus 4 to 6 Celsius
Freezing level: Above summits

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